Middle School East Club Options 2024-25

March 2024

- Clubs are an important part of Middle School East. We are excited to offer a variety of clubs for the 2024-25 school year. Our hope is to offer something of interest for all our students.
- Clubs will be offered during 10th period. In order to participate in clubs, students must be in good academic and behavioral standing. If at any point during the year, a student needs additional support, clubs may be removed from their schedule. It is our hope that being a part of a club will enhance your experience as a student at Middle School East.
- Club offerings and descriptions are listed on the attached pages. Please review them carefully as you make decisions about joining a club.

How do I sign up for clubs?

- If you are interested in having a club on your schedule, please complete the interest form for your prospective grade level.
 - o <u>5th to 6th grade music/ club selection form</u>
 - o 6th to 7th grade music/ special interest club selection form
 - o 7th to 8th grade music/special interest club selection form

When will I know if I got into a club?

Most service and competition clubs require an application. Applications are due on Wednesday, February 21st. Your counselor will let you know if you have been accepted when you have your individual scheduling meeting beginning in March (with the exception of Student Council, who will find out after elections at the end of the year).

All other special interest/ non-application clubs will be listed on your schedule that you receive over the summer. Club registration is based on schedule availability and open spots.

Do I have to join a club?

No, but we encourage everyone to get involved in something. If you already have a busy schedule and would like time during the school day to work on homework and study, clubs may not be for you. Students may select to have a study club which is a quiet environment for students to complete work and study.

Sincerely, Mr. Maoury The following list of clubs do NOT require an application. If you are interested in having a club on your schedule, please rank the clubs on your music & special interest club selection form. You should do this even if you have applied for application clubs.

American Sign Language (ASL) (T1: Grades 6-8)

Students will be introduced to the basics of ASL and Deaf culture to give them the tools to positively interact with Deaf and hard of hearing people in their community.

<u>Archery in Schools Program</u> (Available all trimesters: Grades 6-8)

Learn and participate in an archery program where students will not only learn how to shoot, but also safety and maintenance of a bow and arrow. Improve your concentration, self-esteem, and confidence all while learning a challenging new activity.

<u>Around the World Sports (Available all trimesters: Grades 6-8)</u>

Around the World Sports would be a club for students that want to experience sports that they do not regularly get exposure too. Games would include things like gaelic football, flag rugby, cricket, and Aussie rules football.

Basketball Nothing But NET (Available T1 & T2: Grades 6-8)

Nothing but Net will focus on the game of basketball. In the gym with three baskets and a wall, we will examine the areas of shooting, passing, dribbling, and more. We will also get into the inner workings of the game and teach basic plays and types of offenses, defenses, and presses.

Board and Card Game Club (Available T2 & T3: Grades 6-8)

Students will be instructed upon how to play various board and card games. Each session will focus on a different game. Computer games will NOT occur in this club.

Born To Be Wild Club (Available all trimesters: Grade 6 only)

Modern life puts barriers to the natural world for students. To restore this connection this club will take walks outside. Many things take us farther from the natural world. The research suggests going out in green spaces promotes greater well-being. Join this club if you like to get outside and move around!

<u>Caverns & Creatures Club</u> (Year: 7th & 8th grade only)

You may be familiar with Dungeons & Dragons. This club will have students participating in a role-playing adventure, using an adapted rule set from Dungeons & Dragons 5th Edition. They will be following a unique adventure that Mr. Fegely has written and will journey with them on. Students should enjoy fantasy stories, acting, and participating in teamwork and cooperative dialogue. This adventure will take you the entire year to complete, so hardy and dedicated adventures apply here!

Coding Club (Year: Grade 6 only)

Learn to Code! Block based coding skills using the for the win robotics platform will be taught in this club. We will also practice coding using the block based code in SCRATCH. The goal of this club is to have fun not only learning to code, but also to execute the code. This club will build resilience and confidence. Examining patterns in nature, origami, food and knitting will also be part of this club! We will fly drones and also send ozobots through mazes. Fun!

Crafting Club (Available all trimesters: Grades 6-8)

Craters wanted! Students will create a variety of crafts depending on individual interests.

Creative Writing Club (T2: Grades 6-8)

Do you like to write? Do you wish that you had more time to work on your own writing projects? Would you like to meet some like-minded writers like you? In this club you will be introduced to various stylistic writing techniques and are given time to experiment with them in your own writing. The goal of the club is to foster your love of writing while simultaneously pushing you to challenge yourself by taking risks and writing outside of your comfort zone. Throughout the semester, you will get an opportunity to write pieces in three different genres: prose, poetry, and drama. Periodically, meetings are devoted to having students share their pieces with one another.

Harry Potter Club (Available all trimesters: Grades 6-8)

If you are a Potterhead, join us for games, crafts and trivia with a wizarding theme.

<u>Harry Potter Movie Club</u> (Year: Grades 6-8)

Students watch all the Harry Potter movies and have trivia days.

Homework Help (Year: Grades 6-8)

This club would be for students who would like a smaller setting to complete outside of class work with the opportunity to work one-on-one with a teacher.

<u>Hunter & Trapper Education Club</u> (Available all trimesters: Grades 6-8)

Hunter Trapper Education is required training by the Pennsylvania Game Commission, for all those who wish to buy a hunting license.

<u>Intramural Sports</u> (Available all trimesters: Grades 6-8)

Exercise and have fun while participating in a variety of team games and activities. These games could take place both indoors and outdoors.

Lady Bears Strength and Conditioning (Available all trimesters: 7th & 8th grade only)

This group is for all the lady bears (girls) who would like to work on strength and conditioning. We will be in the weight room and possibly in the gym working on lifting form and focusing on speed and agility.

<u>LEGO Club</u> (Available all trimesters: Grades 6-8)

LEGO Club provides a fun and collaborative atmosphere where students can build both LEGO creations and peer connections. Meetings will include opportunities to create custom and premade designs out of LEGO bricks, as well as to participate in optional building challenges. All students are welcome, regardless of building experience. LEGO bricks will be provided; please leave your personal collections safe at home.

Musical Appreciation Club (Available all trimesters: Grades 6-8)

Musical appreciation club meets once a cycle to enjoy and explore the wonders of musical theater. In this club we will sing along to your favorite show tunes, watch a classic musical production, or explore the behind-thescenes of what it takes to create an on-stage production.

Piano Club (Available all trimesters: Grades 6-8)

This is a course designed for students who wish to learn how to play the piano and have little to no experience already. Students will use keyboard pianos in the music room for one-on-one lessons in a small group setting. Students with some piano knowledge or skills are still welcome to join and will be given time to work independently on more advanced music. Class size is limited to the number of available pianos.

Pottery Wheel/ Clay Club (Available T1 & T2: Grade 8 only)

students will be taught how to use the pottery wheel and also experiment with other ceramic techniques

Public Speaking/Presenting Club (Year: Grades 6-8)

Students will learn about public speaking practices, tips, etc. They will practice multiple times throughout the year using poetry, short stories, and self-created slides presentations.

Puzzle Club (Both T2 & T3: Grades 6-8)

In this club you spend time working with others putting puzzles together. Great place to use your brain power while having fun!

Reading Club (Year: Grades 6-8)

A silent time in the day for students who enjoy reading and want a quiet space to read for enjoyment.

Reading Olympics (Year: Grades 6-8)

Do you love reading? Are you ready to share your love of books? Join Reading Olympics.

Students must commit to reading books from the assigned list and creating review questions in order to prepare for the competition in the spring.

R/C Car Club (Trimester 3 only: Grades 6-8)

This is a club for those interested in remote control cars, along with all of R/C models including planes, trains and more. We spend time outside driving and racing our cars along with gaining mechanical skills through building and repairing our models.

Self-Care Club (Available T1 & T2: Grades 6-8)

In this club we will practice self-care while connecting with our peers. We will learn about stress-management, take walk & talks, practice mindfulness strategies, create mantras and more.

Sports Club (Available all trimesters: Grades 6-8)

Students will discuss & participate in sports and games such as dodgeball, kickball, wiffle ball, and football.

Table-Top Board Game Club (Available all trimesters: Grades 6-8)

This club is geared toward students who enjoy the challenge of board games, card games, social deduction games, matching games, any type of table-top game that can be played with others. I will teach you some more modern games like Tsuro, Blokus and ColorFox, but traditional games like Chess, Checkers, Uno, and Battleship are available to play as well.

Taylor Swift Friendship Bracelet Club (Available T2 & T3: Grades 6-8)

Come and create friendship bracelets by using string, beads, etc while listening to Taylor Swift music. Teacher will provide some materials, but club members are encouraged to bring other materials as well.

Volleyball (T3: Grades 6-8)

An opportunity to improve or gain the skills necessary in playing volleyball.

Walking Club (Available T1 & T2: Grades 6-8)

Benefits of walking club is to increase cardiovascular fitness, increase endurance, decrease stress and gets you moving. Club will be outdoors, walking around the track or the school grounds.

Warrior Cats Club (Year: Grades 6-8)

This is a club where students who are interested in the Warrior Cats book series can come together to participate in various activities, discussions and experiences that incorporate ideas, themes and concepts from the series.

Weight-Lifting Club (Available all trimesters: Grades 6-8)

Students can complete pre-made weight training programs or work to create programs of their own.

Yoga Club (Available all trimesters: Grades 6-8)

Yoga with a small group to support fitness and mental well-being.